



## JUDGMENTS AND VOWS - Part 3

Matthew 7:1-5 (NIV1984)

*“Do not judge, or you too will be judged. <sup>2</sup> For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.*

*<sup>3</sup> “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? <sup>4</sup> How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? <sup>5</sup> You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.*

Hebrews 12:15 (AMP)

*<sup>15</sup> Exercise foresight and be on the watch to look [after one another], to see that no one falls back from and fails to secure God’s grace (His unmerited favor and spiritual blessing), in order that no root of resentment (rancor, bitterness, or hatred) shoots forth and causes trouble and bitter torment, and the many become contaminated and defiled by it—*

Many times men, women and young people will make promises to themselves (vows) out of unrighteous judgments or bitterness of heart.

### VOWS

Vows are promises to yourself and statements of control.

WHICH OF THE FOLLOWING VOWS CAN YOU MOST RELATE? PLEASE EXPLAIN...

- I'll NEVER be like my DAD, MOM, or \_\_\_\_\_...
- I'll NEVER TRUST anyone again...
- I'll NEVER allow myself to be HURT again...
- I'll NEVER allow myself to be OUT OF CONTROL again...
- I'll NEVER FORGIVE (name of person)...
- I'll NEVER get MARRIED...
- I'll NEVER get MARRIED AGAIN...
- I'll NEVER let anyone HURT me again...
- I'll NEVER have a FAMILY like the one I was raised in...
- I'll NEVER...

What is the ANTIDOTE for being free from JUDGMENTS and VOWS?

Process The Issues Of Your Heart: [www.freshstartforallnations.org/start-now/](http://www.freshstartforallnations.org/start-now/)

You can experience what it means to be FORGIVEN, FORGIVING and FREE!

*“Above all else, guard your heart, for it is the wellspring of life.” Proverbs 4:23 (NIV 84)*