



## JUDGMENTS AND VOWS - Part 2

### WHAT'S WRONG WITH MAKING JUDGMENTS and VOWS?

- **Disobedience to God's Word.**  
Matthew 7:1 - *"Do not judge, or you too will be judged."*
  - **Judgments keep you focused on others and not facing your own issues of the heart and taking responsibility accordingly.**  
Matthew 7:3 - *"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?"*
  - **Judgments will hinder your ability to clearly see and help the other person with their issues.**  
Matthew 7:4 - *How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye?*
  - **Judgments will make you a hypocrite.**  
Matthew 7:5 - *You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.*
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- **Vows are promises to self and statements of control.**  
"I will never..."
  - **Judgments AND Vows produce strongholds (belief systems contrary to God's character, will and design) that distort your view of reality, and adversely affect relationship with God and others.**  
II Corinthians 10:5 defines a stronghold: *We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*
  - **Judgments AND Vows greatly hinder intimacy with God and oneness with others.**