

PROCESSING THE ISSUES OF YOUR HEART



It's NEVER too late!...

Part 1

Who has offended or hurt you?
Or, who or what have you lost?

Part 2

How have you been affected?

Part 3

How have you responded?

Part 4

Pour out your heart to the Lord.
Give thanks and submit to
His sovereignty.

Part 5

Forgive the person who hurt
or offended you. Repent and
receive God's forgiveness for
your response.

Part 6

Release the person,
the offense, hurt, or loss
to the Lord.

*Above all else,
guard your heart,
for it is the wellspring
of life.*

Proverbs 4:23 (NIV84)

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