

BE STILL:

“Be still and know that I am God. I will be exalted in the nations. I will be exalted in the earth.” Psalm 46:10 NIV

- He is God, we are not! It’s about Him being exalted, not us.
- Do you “need to be needed?” Do you like being the “hero?”...
If your answer is “yes” to either, you will tend to be too busy!

RECEIVE YOUR SONSHIP (DAUGHTERHOOD):

“So you are no longer a slave, but a son; and since you are a son, God has made you also an heir.” Galatians 4:7 NIV

- In Christ, you are not a slave or a “hired hand” but rather you are a son!
- Do you feel the need to prove yourself—to someone else? To God? To yourself?
- Sons don’t need to prove anything! They are already accepted (Ephesians 1:6) in THE SON!
If you are still trying to prove yourself, you will tend to take on too much and become too busy!

ALIGN YOUR VALUES:

“God, who has called you into fellowship with his Son Jesus Christ our Lord, is faithful.” 1 Corinthians 1:9 NIV

- Value relationships most (over accomplishments and possessions) starting with your relationship with Jesus Christ!
Relationship with Jesus is your first “calling!”
- What do you value in your life? Take a full sheet of paper and make a list of everything that you can think of that you value. Next, can you find a scripture from God’s Word that supports each person, place, or thing that you have listed?
- Re-evaluate your values—there are only so many hours in a day, so you won’t be able to do “everything.” Align your values with what God values most! If you don’t, you will try to do more than you have strength and capacity to do and you will tend to be too busy!

SET PRIORITIES WITH PURPOSE:

“At daybreak Jesus went out to a solitary place. The people were looking for him...they tried to keep him from leaving them. But he said, ‘I must preach the good news of the kingdom of God to the other towns also, because that is why I was sent.’” Luke 4:42-43 NIV

- Jesus was given ALL AUTHORITY (Matthew 28:18) but only did what His Father authorized Him to do!
- How about you? Do you just keep saying “yes” to any and all that is asked of you until you have nothing more to give? Or, do you inquire of the Lord and seek His mind and His will?
- Also, keep in mind that your core values will tend not to change. Priorities, however, can certainly change due to the needs of your family and seasons of life and ministry.
- Be prayerful, purposeful, and proactive in the setting of your priorities. If you don’t, it will seem at times like the needs, responsibilities, invitations, and opportunities of your life are trying to overtake you, and you will tend to be too busy!

ABOVE ALL ELSE—TAKE CARE OF YOUR HEART:

“Above all else, guard your heart, for it is the wellspring of life.” Proverbs 4:23 NIV

Have you ever been wronged, hurt, or offended? Have you suffered a loss? - Yes, of course we all have.
The key is: How have we been affected and how have we responded?

If we have unforgiveness and unresolved issues in our hearts, they will continue to have an adverse affect on our hearts and, most importantly, hinder our relationship with Jesus and our ability to hear from Him and discern His will.

With our hearts affected in such an adverse way, we are more likely to be driven instead of led, and we will more easily be motivated out of pride, anger, rejection, fear, and guilt instead of being able to truly discern God’s will.

When you take care of your heart—submitting to the sovereignty of God, giving thanks in and for all things, and forgiving one another—you are more and more free to experience the fullness of His Life, hear His voice, and do His bidding!

Be still...

Receive your sonship (daughterhood)...

Align your values...

Set your priorities...

Take care of your heart!

Yours will become a full and fruitful life that is not too busy!

Pastor Steve Peterson,

Fresh Start For All Nations